**Save Me A Seat** Menu Creation

Create a school lunch menu for the week. Each lunch should include the 5 meal components of a school lunch. Turn in to Mrs. Stier by Friday, February 1st to be entered in a drawing for a $25 gift card to try food from a different culture.

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| --- | --- | --- | --- | --- | --- |
| \*milk is included in all meals | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Meat or Meat Alternate** |  |  |  |  |  |
| **Grain** |  |  |  |  |  |
| **Fruit** |  |  |  |  |  |
| **Vegetable** |  |  |  |  |  |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_